



FAMILY-FRIENDLY MEALS MADE EASY

Our family-sized catering trays are perfect for any day of the week! Easy to carry and ready to enjoy, each tray comes with everything you need to feed your family. Order one of our affordable options for a simple weeknight meal, your next celebration with loved ones or any occasion you'd like to serve something tasty!

TAKE IT ANYWHERE

Packed in easy-to-carry, thoughtfully designed boxes and bags that won't slide around in the car. You can pick up your order, keep it fresh until you reach your destination and get it inside and ready to serve all in the same containers.



TABLE READY

Ready to serve with everything your family will need from utensils and plates to toppings and sauces. Additional condiments available upon request.



EASY TO ORDER

Pick up and get ready to enjoy!



Contact your store's deli, go to **foodlion.com/catering** or scan this code.





Place your order fill out the order form online or in-store.



Pick up your order from the deli at a time that works for you.

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FRUIT & VEGGIES

Bring a refreshing balance to your table with our fresh-cut fruit and veggie trays. These good-for-you options are sure to please and come pre-washed, pre-cut and pre-arranged so all you have to do is remove the lid and enjoy.



FRESH CUT FRUIT TRAY

A fresh assortment of watermelon, pineapple, strawberries and cantaloupe. Served with cream cheese fruit dip. Serves 10-12

Item	Cal/serving	Serv/order
Watermelon	15 cal/2 oz.	16 oz.
Pineapple	30 cal/2 oz.	16 oz.
Strawberries	20 cal/2 oz.	16 oz.
Cantaloupe	20 cal/2 oz.	16 oz.
Dip	70 cal/2 oz.	12 oz.



FRESH CUT VEGGIES TRAY

A fresh assortment of grape tomatoes, baby carrots, broccoli, cauliflower and celery hearts. Served with ranch dip. Serves 10-12

Item	Cal/serving	Serv/order
Carrots	25 cal/2 oz.	16 oz.
Tomatoes	10 cal/2 oz.	16 oz.
Celery	10 cal/2 oz.	16 oz.
Broccoli	15 cal/2 oz.	16 oz.
Cauliflower	15 cal/2 oz.	16 oz.
Ranch Din	60 cal/2 thsp.	12 07.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

SALADS

Made with the freshest ingredients and generously covered with delicious and filling toppings, our salad trays are another great option for a tasty and wholesome meal.



GARDEN SALAD WITH DRESSING

A delicious mix of romaine lettuce, red onions, cheese, grape tomatoes and shredded carrot. Served with two salad dressings (choice of Ranch, Thousand Island, Italian, French, Blue Cheese and Balsamic Vinaigrette). Serves 10-12

Item	Cal/serving	Serv/order
Garden Salad	50 cal/3.5 oz.	33-35.25 oz.
Ranch	60 cal/2 tbsp.	16 oz.
Thousand Island	60 cal/2 tbsp.	16 oz.
Italian	80 cal/2 tbsp.	16 oz.
French	110 cal/2 tbsp.	16 oz.
Blue Cheese	45 cal/2 tbsp.	16 oz.
Balsamic Vinaigrette	70 cal/2 tbsp.	16 oz.





CHEF SALAD WITH DRESSING

A delicious mix of lettuce, carrots, tomatoes, turkey, ham, cheddar cheese and boiled eggs. Served with two salad dressings (choice of Ranch, Thousand Island, Italian, French, Blue Cheese and Balsamic Vinaigrette). Serves 10-12

Item	Cal/serving	Serv/order
Chef Salad	70 cal/3.5 oz.	32-39 oz.
Ranch	60 cal/2 tbsp.	16 oz.
Thousand Island	60 cal/2 tbsp.	16 oz.
Italian	80 cal/2 tbsp.	16 oz.
French	110 cal/2 tbsp.	16 oz.
Blue Cheese	45 cal/2 tbsp.	16 oz.
Balsamic Vinaigrette	70 cal/2 tbsp.	16 oz.

COBB SALAD WITH DRESSING

A delicious mix of lettuce, tomatoes, green onions, boiled eggs, bacon and blue cheese.
Served with two salad dressings (choice of Ranch, Thousand Island, Italian, French, Blue Cheese and Balsamic Vinaigrette). Serves 10-12

Item	Cal/serving	Serv/order
Cobb Salad	90 cal/3.5 oz.	33-35.25 oz.
Ranch	60 cal/2 tbsp.	16 oz.
Thousand Island	60 cal/2 tbsp.	16 oz.
Italian	80 cal/2 tbsp.	16 oz.
French	110 cal/2 tbsp.	16 oz.
Blue Cheese	45 cal/2 tbsp.	16 oz.
Balsamic Vinaigrette	70 cal/2 tbsp.	16 oz.



FRESH BAKERY PASTRY TRAY Includes 24 Pastries

A variety of Croissants, Danishes, Strudels and Muffins. Select up to a variety of 6 flavors.

Item	Cal/serving	Serv/order
Plain Croissant	260-340 cal/1 croissant	0-24
Chocolate Croissant	350 cal/1 croissant	0-24
Cream Cheese Danish Crown	310 cal/1 danish	0-24
Strawberry Cheese Danish Crown	310 cal/1 danish	0-24
Apple Braid Strudel	370 cal/1 strudel	0-24
Blueberry Muffin	420 cal/1 muffin	0-24
Banana Nut Muffin	420 cal/1 muffin	0-24
Bran Muffin	460 cal/1 muffin	0-24
Cinnamon Swirl Muffin	500 cal/1 muffin	0-24

FRESH-BAKED BREAKFAST

Wake up your taste buds with a fresh-baked bagel or pastry! With a variety of delicious flavors to choose from, you'll find something everyone will love for an easy breakfast, brunch or snack.

FRESH-BAKED BAGEL TRAY Includes 24 Bagels

Your choice of plain, blueberry, sesame and everything bagels. Served with three flavors of cream cheese (choice of plain, garden vegetable, strawberry, chive and onion and honey pecan). Select up to a variety of 6 flavors.

Item	Cal/serving	Serv/order
Plain	360 cal/1 bagel	0-24
Sesame	390 cal/1 bagel	0-24
Everything	380 cal/1 bagel	0-24
Blueberry	370 cal/1 bagel	0-24
Plain Cream Cheese	80 cal/2 tbsp.	8 oz.
Garden Vegetable Cream Cheese	80 cal/2 tbsp.	8 oz.
Strawberry Cream Cheese	90 cal/2 tbsp.	8 oz.
Chive and Onion Cream Cheese	80 cal/2 tbsp.	8 oz.





MEAT & CHEESE

Enjoy premium quality and flavor crafted to inspire memorable experiences every day. A delicious anytime option, these simple, savory selections are pleasing to the eye and the appetite! Perfect for an easy app or stand-alone sandwich meal.



taste of Inspirations*

TASTE OF INSPIRATIONS ITALIAN MEATS & CHEESE TRAY

Taste of Inspirations Pepperoni, Hard Salami and Gouda with olives. Serves 10-12

Item	Cal/serving	Serv/order
Pepperoni	130 cal/1 oz.	8 oz.
Salami	120 cal/1 oz.	8 oz.
Gouda	110 cal/1 oz.	8 oz.
Olives	30 cal/4 olives	8 oz.



taste of Inspirations

TASTE OF INSPIRATIONS TURKEY, ROAST BEEF & CHEESE TRAY

Taste of Inspirations All-Natural Turkey, Roast Beef, Swiss and Muenster with olives. Served with Kaiser rolls. Serves 10-12

Item	Cal/serving	Serv/order
Turkey	70 cal/2 oz.	16 oz.
Roast Beef	60 cal/2 oz.	16 oz.
Swiss	110 cal/1 oz.	12 oz.
Munster	100 cal/1 oz.	12 oz.
Olives	30 cal/4 olives	8 oz.
Kaiser Rolls	200 cal/roll	12 rolls

SNACKS

Bring home premium, handcrafted flavor with a meat, cheese and cracker tray or a hummus, pita and veggie tray from Taste of Inspirations. These simple yet tasty combinations will quickly become your family's new favorite in no time.



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TASTE OF INSPIRATIONS MEAT, CHEESE & CRACKER TRAY

Taste of Inspirations Uncured Sopressata Dry Salami, Pepperoni, Muenster Cheese, New York Extra Sharp Cheddar Cheese and Pepper Jack Cheese. Served with Taste of Inspirations Sea Salt Crisps. Serves 10-12

Item	Cal/serving	Serv/order
Pepperoni	120 cal/1 oz.	6 oz.
Sopressata	100 cal/1 oz.	6 oz.
Ex. Sharp Cheddar	110 cal/1 oz.	16 oz.
Muenster	100 cal/1 oz.	16 oz.
Pepper Jack	100 cal/1 oz.	16 oz.
Sea Salt Crisps	80 cal/3 crackers	6.5 oz



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TASTE OF INSPIRATIONS HUMMUS, PITA & VEGGIE

Taste of Inspirations Plain and Roasted Red Pepper Hummus. Served with celery, pita bread and baby carrots. Serves 10-12

Item	Cal/serving	Serv/order
Pita Bread	75-90 cal/pita half	2-3 whole pitas
Celery	10 cal/2 oz.	8 oz.
Carrots	25 cal/2 oz.	12 oz.
Original Hummus	60 cal/2 tbsp.	10 oz.
Roasted Red Pepper Hummus	50 cal/2 tbsp.	10 oz.



HANDMADE SANDWICH MEALS

Pick up everything you need for a full meal – tasty sandwiches with all of your favorite fresh fillings and toppings, deli salad sides and decadent desserts all in one convenient package.





Includes your choice of two delicious varieties of sandwiches on perfectly flaky croissants and your selection of three sides. Serves 10

Item	Cal/serving	Serv/order
Turkey Croissant (5ct.)	420-550 cal/1 sandwich	0-10
Ham Croissant (5ct.)	420-550 cal/1 sandwich	0-10
Roast Beef Croissant (5ct.)	410-550 cal/1 sandwich	0-10
Chicken Salad Croissant (5ct.)	510-640 cal/1 sandwich	0-10
American Potato Salad	230 cal/ 1/2 cup	16 oz.
Mustard/Amish Potato Salad	210 cal/ 1/2 cup	16 oz.
Macaroni Salad	280 cal/ 3/4 cup	16 oz.
Cole Slaw	160 cal/ 1/2 cup	16 oz.
Pickle Chips	0 cal/1 oz.	16 oz.
Banana Peppers	10 cal/1 oz.	16 oz.
Chocolate Chunk Cookies	240 cal/1 cookie	5 cookies
Brownie Slices	290 cal/1 slice	5 slices



KAISER ROLL SANDWICH MEAL

Includes your choice of two delicious varieties of sandwiches on Kaiser rolls and your selection of three sides. Serves 10

Item	Cal/serving	Serv/order
Turkey Kaiser Sandwich (5ct.)	410 cal/1 sandwich	0-10
Ham Kaiser Sandwich (5ct.)	410 cal/1 sandwich	0-10
Roast Beef Kaiser Sandwich (5ct.)	400 cal/1 sandwich	0-10
American Potato Salad	230 cal/ 1/2 cup	16 oz.
Mustard/Amish Potato Salad	210 cal/ 1/2 cup	16 oz.
Macaroni Salad	280 cal/ 3/4 cup	16 oz.
Cole Slaw	160 cal/ 1/2 cup	16 oz.
Pickle Chips	0 cal/1 oz.	16 oz.
Banana Peppers	10 cal/1 oz.	16 oz.
Chocolate Chunk Cookies	240 cal/1 cookie	5 cookies
Brownie Slices	290 cal/1 slice	5 slices

DELICIOUSLY CRISPY CHICKEN

Made-to-order, home-style tenders or bone-in chicken prepared fresh daily. The deliciously crispy outside and tasty, juicy inside is sure to be a hit.





BONE-IN WINGS

Bone-in wings in your choice of spicy or mild, or a combination of both. Served with your choice of Ranch or Blue Cheese.

Item	Cal/serving	Serv/order
Mild Wings	160-170 cal/3 oz.	32 pieces
Spicy Wings	170-180 cal/3 oz.	32 pieces
Blue Cheese	45 cal/2 tbsp.	16 oz.
Ranch	60 cal/2 tbsp.	16 oz.



WINGS & TENDER COMBO

A tasty mix of chicken tenders and wings. Wings come in your choice of spicy or mild. Served with your choice of Ranch or Blue Cheese. Includes 16 wings and 12 tenders

Item	Cal/serving	Serv/order
Mild Wings	160-170 cal/3 oz.	16 wings
Spicy Wings	170-180 cal/3 oz.	16 wings
Tenders	140-180 cal/3 oz.	12 tenders
Blue Cheese	45 cal/2 tbsp.	16 oz.
Ranch	60 cal/2 tbsp.	16 oz.



CHICKEN TENDERS

Perfectly crisp, flavorful homestyle chicken tenders. Served with your choice of dipping sauce (Buffalo, BBQ or Honey Mustard).

Item	Cal/serving	Serv/order
Tenders	140-180 cal/ 3 oz.	28 tenders
Buffalo Sauce	5 cal/2 tbsp.	12 oz.
BBQ Sauce	70 cal/2 tbsp.	12 oz.
Honey Mustard	50 cal/2 tbsp.	12 oz.



MINI CHICKEN SANDWICHES

Our homestyle chicken tenders on a soft Hawaiian Roll with pickle chips. Includes 12 sandwiches

Item	Cal/serving	Serv/order
Chicken	170-180 cal/	12 sandwiches
Sandwich	sandwich	12 Salluwiches
Pickles	0 cal/1 oz.	12 oz.

CROWD-PLEASING PLATTERS

Need to feed a few extra mouths? Put easy on the menu with our large platters! Perfect for family get-togethers, parties, meetings and other events, these tasty combos will have everyone feeling full and satisfied.



FRESH CUT FRUIT PLATTER

A fresh assortment of red grapes, white grapes, strawberries, pineapple, cantaloupe and watermelon. Served with cream cheese fruit dip. Serves 16-18

Item	Cal/serving	Serv/order
Red Grapes	40 cal/2 oz.	12 oz.
White Grapes	40 cal/2 oz.	12 oz.
Strawberries	20 cal/2 oz.	16 oz.
Pineapple	30 cal/2 oz.	16 oz.
Cantaloupe	20 cal/2 oz.	16 oz.
Watermelon	15 cal/2 oz.	16 oz.
Dip	70 cal/2 oz.	13.5 oz.

FRESH CUT VEGGIE PLATTER

A fresh assortment of cucumber, green bell pepper, cauliflower, broccoli, celery hearts, red bell pepper, grape tomatoes and baby carrots. Served with ranch dip. Serves 30-34

Item	Cal/serving	Serv/order
Cucumber	10 cal/2 oz.	24 oz.
Green Bell Pepper	10 cal/2 oz.	14 oz.
Cauliflower	15 cal/2 oz.	32 oz.
Broccoli	15 cal/2 oz.	32 oz.
Celery	10 cal/2 oz.	32 oz.
Red Bell Pepper	20 cal/2 oz.	7 oz.
Grape Tomatoes	10 cal/2 oz.	16 oz.
Carrots	25 cal/2 oz.	32 oz.
Ranch Dip	60 cal/2 oz.	16 oz.
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2,000 calories a day is used for general nutrition advice, but calorie need



MEAT & CHEESE PLATTER

Food Lion Oven Roasted Turkey, Virginia Ham, Oven Roast Medium Roast Beef, Yellow American, White American and Swiss. Served with stuffed and pitted olives. Serves 26-30

Cal/serving 20 cal/4 olives 20 cal/4 olives	Serv/order 5.75 oz. 6 oz.
110 cal/1 oz.	12 oz.
110 cal/1 oz. 100 cal/1 oz.	12 oz. 12 oz.
50 cal/2 oz.	32 oz.
60 cal/2 oz.	32 oz.
70 cal/2 oz.	32 oz.
	20 cal/4 olives 20 cal/4 olives 110 cal/1 oz. 110 cal/1 oz. 100 cal/1 oz. 50 cal/2 oz. 60 cal/2 oz.



CHICKEN SALAD SANDWICH PLATTER

Food Lion Chicken Salad on soft Hawaiian rolls garnished with lettuce and tomato. Serves 48

Item	Cal/serving	Serv/order
Mini Chicken Salad Sandwich	380 cal/1 sandwich	0-48



SIGNATURE SANDWICH PLATTER

Food Lion Ham & American, Turkey & Swiss, and Roast Beef & Provolone on Kaiser rolls with lettuce. Serves 16-20

Item	Cal/serving	Serv/order
Turkey Sandwich	350 cal/1 sandwich	0-10
Ham Sandwich	370 cal/1 sandwich	0-10
Roast Beef Sandwich	380 cal/1 sandwich	0-10



SWEETS & TREATS

Indulge your sweet tooth with bakery favorites including gourmet cookies that are baked fresh in-store, crème cake slices and brownies! Made with high-quality ingredients and packed with flavor, our dessert trays make it easy to end your meal on a sweet note.



SLICED CREMÉ CAKE

Marble Crème Cake and Lemon Crème Cake served with fresh strawberries. Includes 14 slices

Item	Ca/serving	Serv/order
Lemon Crème	160 cal/1 slice	7 slices
Marble Crème	160 cal/1 slice	7 slices
Strawberries	20 cal/2 oz.	12 oz.



GOURMET COOKIES

Gourmet chocolate chip cookies served with fresh strawberries. Includes 18 cookies

Item	Cal/serving	Serv/order
Chocolate Chunk Cookie	240 cal/1 cookie	18 cookies
Strawberries	20 cal/2 oz.	12 oz.



GOURMET COOKIE & BROWNIES

Gourmet chocolate chip cookies and brownies served with fresh strawberries. Includes 7 cookies and 7 brownies

Item	Cal/serving	Serv/order
Chocolate Chunk Cookie	240 cal/1 cookie	7 cookies
Brownie Slices	290 cal/1 slice	7 slices
Strawberries	20 cal/2 oz.	12 oz.

CAKE BUNDLES

Sample a variety of sweet treats with our bakery cake bundles. Made with high-quality ingredients, and with the colors of your choice, these treats are deliciously flavorful.



CAKE BUNDLE #1

A delicious combination of cake, cookies and brownies. Serves 24

Item	Ca/serving	Serv/order
Cake Traditional Icing	540 cal/2oz	14
Cake Whipped Icing	220 cal/2oz	14
Choc Chunk Cookie	240 cal/1 cookie	10
Brownie	300 cal/1 brownie	4.5



CAKE BUNDLE #2

A delicious combination of cake, cupcakes and brownies. Serves 24

Item	Ca/serving	Serv/order
Cake Traditional Icing	540 cal/2oz	14
Cake Whipped Icing	220 cal/2oz	14
Cupcake Traditional Icing	230 cal/1 cupcake	7
Cupcake Whipped Icing	200 cal/1 cupcake	7
Brownie	300 cal/1 brownie	4.5



CAKE BUNDLE #3

A delicious combination of cake, cupcakes and cookies. Serves 24

Item	Ca/serving	Serv/order
Cake Traditional Icing	540 cal/2oz	14
Cake Whipped Icing	220 cal/2oz	14
Cupcake Traditional Icing	230 cal/1 cupcake	7
Cupcake Whipped Icing	200 cal/1 cupcake	7
Choc Chunk Cookie	240 cal/1 cookie	10

